

The following form is a generic mass transit benefit application and is also being used to process your request for The Express program. Please fill the form out as completely as possible and your request will be processed promptly. This form is also available on line at [www.ftmo.navy.mil/services/zip.htm](http://www.ftmo.navy.mil/services/zip.htm). If you have any questions please contact your Command Rideshare Coordinator.

**REVISION 3: 11/16/01**  
**DEPARTMENT OF THE NAVY**  
**OUTSIDE THE NATIONAL CAPITAL REGION - MASS TRANSPORTATION BENEFIT APPLICATION**  
**"CIRCLE ONE": ENROLLING - MAKING A CHANGE - WITHDRAWING**

**A. Applicant Information:** Print or type. Application must be filled out completely. **INCOMPLETE or ILLEGIBLE applications will NOT be processed.**  
 Employing Branch of Service (circle one in each category): U.S. Navy or U.S. Marine Corps - Military Member or Civilian Employee  
 Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Last 4 digits of Your SSN: \_\_\_\_\_  
 City (Residence): \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Office Telephone Number (include area code): \_\_\_\_\_  
 USNUSMC Installation/Activity: \_\_\_\_\_  
 Organization (Command): \_\_\_\_\_ Duty Location (City): \_\_\_\_\_  
 USN UIC (Unit Identification Code) or USMC RUC (Reporting Unit Code): \_\_\_\_\_ MAJOR CLAIMANT: \_\_\_\_\_  
 MILITARY MEMBERS ONLY, **CIRCLE** the applicable category:  
 Active Duty Officer - Active Duty Enlisted - Reserve Officer - Reserve Enlisted - TAR Officer - TAR Enlisted  
 CIVILIAN EMPLOYEES ONLY, **CIRCLE** the source of funding of your salary:  
 Appropriated Funds: O&M - O&M, NR - R&D - Working Capital Fund (WCF) - Defense Health - MILCON - Family Housing  
 Non-appropriated Funds (NAF): Exchanges - MWR - Lodging

**B. Model(s) of "MASS" Transportation using "TO" and "FROM" WORK PLACE** (Usage guideline: A minimum of "11" times per month):  
 Identify the "MASS" transportation system/company that you use: \_\_\_\_\_  
 Identify the specific type of pass/ticket that you use: \_\_\_\_\_  
 • "MASS" transportation includes: Commuter Bus, Commuter Train, Subway/Light Rail, Vanpool, Ferry.  
 • VANPOOLS must satisfy Internal Revenue Code §132(f) requirements and must submit this form (REV 3) and a Vanpool supplemental form  
 • CARPOOLS do NOT qualify for this benefit.  
 • FERRIES: This benefit is for Ferry "FOOT" or "WALK-ON" passengers ONLY...NOT vehicles.

**C. Employee Certification:**  
 This certification concerns a matter with the jurisdiction of an agency of the United States and making a false, fictitious, or fraudulent certification may render the maker subject to criminal prosecution under Title 18, United States Code, Section 1001, Civil Penalty Action, providing for administrative recoveries of up to \$10,000 per violation, and/or agency disciplinary actions up to and including dismissal.  
 I certify that I am employed by the U.S. Navy or the U.S. Marine Corps and I am NOT a contractor.  
 I certify that I am eligible for a public transportation fare benefit, will use it for my daily commute to and from work while employed by the Department of the Navy, and will not transfer it to anyone else. (MASS transportation usage guidelines: A minimum of 11 times per month). I certify that the monthly transit benefit I am receiving does not exceed my monthly commuting costs.  
 I certify that my usual monthly MASS TRANSIT commuting costs (not including parking fees) ARE: \$\$\$\$\$  
 I certify that upon transfer, separation, termination of employment or retirement/resignation I will return my voucher to the installation POC.  
 Note: The current maximum benefit amount available is \$100 a month starting JAN 02. Benefits will be paid in the form of transportation vouchers wherever possible. PARKING PASSES will be relinquished if participating in this program.  
 Employee Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Privacy Act Statement: This information is solicited under authority of Public Law 101-509. Furnishing the information on this form is voluntary, but failure to do so may result in disapproval of your request for the mass transportation fringe benefit. The purpose of this information is to facilitate timely processing of your request, to ensure your eligibility, and to prevent misuse of the funds involved.  
**COMPLETE AND PROVIDE TO YOUR LOCAL POC**  
 You can help the American Red Cross by completing the questionnaire below and mailing, faxing or replying by email to the following:  
 Your Current Work Start Time: \_\_\_\_\_ End Time: \_\_\_\_\_

**Naval Station to Coronado Schedule**

Arrive at 32nd Street	5:00 AM	Arrive North Island	2:50 PM
Arrive at 32nd Street	5:05 AM	Arrive North Island	3:00 PM
Arrive at 32nd Street	5:25 AM	Arrive North Island	3:20 PM
Arrive at 32nd Street	5:30 AM	Arrive North Island	3:25 PM
Arrive at 32nd Street	5:50 AM	Arrive North Island	3:50 PM
Arrive at 32nd Street	6:15 AM	Arrive North Island	3:55 PM
Arrive at 32nd Street	6:35 AM	Arrive North Island	4:20 PM
Arrive at 32nd Street	6:40 AM	Arrive North Island	4:25 PM
Arrive at 32nd Street	7:00 AM	Arrive North Island	4:50 PM
Arrive at 32nd Street	7:25 AM	Arrive North Island	4:55 PM
Arrive at 32nd Street	7:45 AM	Arrive North Island	5:20 PM
Arrive at 32nd Street	7:50 AM	Arrive North Island	5:25 PM

**Cabrillo Housing Express Stops and Schedule**

Arrive at Cabrillo Heights	4:25 AM	Arrive 32nd Street Naval Station	3:25 PM
Arrive at Cabrillo Heights	4:35 AM	Arrive 32nd Street Naval Station	3:35 PM
Arrive at Cabrillo Heights	5:00 AM	Arrive 32nd Street Naval Station	4:00 PM
Arrive at Cabrillo Heights	5:10 AM	Arrive 32nd Street Naval Station	4:10 PM
Arrive at Cabrillo Heights	5:45 AM	Arrive 32nd Street Naval Station	4:40 PM
Arrive at Cabrillo Heights	6:10 AM	Arrive 32nd Street Naval Station	5:05 PM
Arrive at Cabrillo Heights	6:20 AM	Arrive 32nd Street Naval Station	5:15 PM
Arrive at Cabrillo Heights	6:45 AM	Arrive 32nd Street Naval Station	5:40 PM
Arrive at Cabrillo Heights	6:55 AM	Arrive 32nd Street Naval Station	5:50 PM
Arrive at Cabrillo Heights	7:20 AM	Arrive 32nd Street Naval Station	6:15 PM
Arrive at Cabrillo Heights	7:30 AM	Arrive 32nd Street Naval Station	6:25 PM
Return to Garage	7:40 AM	Return to Garage	6:55 PM

**Bayview Hills Housing Express Stops and Schedule**

Arrive at Bayview Hills	4:25 AM	Arrive 32nd Street Naval Station	3:25 PM
Arrive at Bayview Hills	4:35 AM	Arrive 32nd Street Naval Station	3:35 PM
Arrive at Bayview Hills	5:00 AM	Arrive 32nd Street Naval Station	4:00 PM
Arrive at Bayview Hills	5:10 AM	Arrive 32nd Street Naval Station	4:10 PM
Arrive at Bayview Hills	5:35 AM	Arrive 32nd Street Naval Station	4:35 PM
Arrive at Bayview Hills	5:45 AM	Arrive 32nd Street Naval Station	4:40 PM
Arrive at Bayview Hills	6:10 AM	Arrive 32nd Street Naval Station	5:05 PM
Arrive at Bayview Hills	6:20 AM	Arrive 32nd Street Naval Station	5:15 PM
Arrive at Bayview Hills	6:45 AM	Arrive 32nd Street Naval Station	5:40 PM
Arrive at Bayview Hills	6:55 AM	Arrive 32nd Street Naval Station	5:50 PM
Arrive at Bayview Hills	7:20 AM	Arrive 32nd Street Naval Station	6:15 PM
Arrive at Bayview Hills	7:30 AM	Arrive 32nd Street Naval Station	6:25 PM

**Murphy Canyon Housing Express Stops and Schedule**

Arrive at Murphy Canyon	4:25 AM	Arrive 32nd Street Naval Station	3:25 PM
Arrive at Murphy Canyon	4:35 AM	Arrive 32nd Street Naval Station	3:35 PM
Arrive at Murphy Canyon	5:00 AM	Arrive 32nd Street Naval Station	4:00 PM
Arrive at Murphy Canyon	5:10 AM	Arrive 32nd Street Naval Station	4:10 PM
Arrive at Murphy Canyon	5:35 AM	Arrive 32nd Street Naval Station	4:35 PM
Arrive at Murphy Canyon	5:45 AM	Arrive 32nd Street Naval Station	4:40 PM
Arrive at Murphy Canyon	6:10 AM	Arrive 32nd Street Naval Station	5:05 PM
Arrive at Murphy Canyon	6:20 AM	Arrive 32nd Street Naval Station	5:15 PM
Arrive at Murphy Canyon	6:45 AM	Arrive 32nd Street Naval Station	5:40 PM
Arrive at Murphy Canyon	6:55 AM	Arrive 32nd Street Naval Station	5:50 PM
Arrive at Murphy Canyon	7:20 AM	Arrive 32nd Street Naval Station	6:15 PM
Arrive at Murphy Canyon	7:30 AM	Arrive 32nd Street Naval Station	6:25 PM

**Chesterston Housing Express Stops and Schedule**

Arrive at Chesterston	4:25 AM	Arrive 32nd Street Naval Station	3:25 PM
Arrive at Chesterston	4:35 AM	Arrive 32nd Street Naval Station	3:35 PM
Arrive at Chesterston	5:00 AM	Arrive 32nd Street Naval Station	4:00 PM
Arrive at Chesterston	5:10 AM	Arrive 32nd Street Naval Station	4:10 PM
Arrive at Chesterston	5:35 AM	Arrive 32nd Street Naval Station	4:35 PM
Arrive at Chesterston	5:45 AM	Arrive 32nd Street Naval Station	4:40 PM
Arrive at Chesterston	6:10 AM	Arrive 32nd Street Naval Station	5:05 PM
Arrive at Chesterston	6:20 AM	Arrive 32nd Street Naval Station	5:15 PM
Arrive at Chesterston	6:45 AM	Arrive 32nd Street Naval Station	5:40 PM
Arrive at Chesterston	6:55 AM	Arrive 32nd Street Naval Station	5:50 PM
Arrive at Chesterston	7:20 AM	Arrive 32nd Street Naval Station	6:15 PM
Arrive at Chesterston	7:30 AM	Arrive 32nd Street Naval Station	6:25 PM
Return to Garage	7:40 AM	Return to Garage	6:55 PM

**Cabrillo Heights Housing Express Stops and Schedule**

Arrive at Cabrillo Heights	4:25 AM	Arrive 32nd Street Naval Station	3:25 PM
Arrive at Cabrillo Heights	4:35 AM	Arrive 32nd Street Naval Station	3:35 PM
Arrive at Cabrillo Heights	5:00 AM	Arrive 32nd Street Naval Station	4:00 PM
Arrive at Cabrillo Heights	5:10 AM	Arrive 32nd Street Naval Station	4:10 PM
Arrive at Cabrillo Heights	5:45 AM	Arrive 32nd Street Naval Station	4:40 PM
Arrive at Cabrillo Heights	6:10 AM	Arrive 32nd Street Naval Station	5:05 PM
Arrive at Cabrillo Heights	6:20 AM	Arrive 32nd Street Naval Station	5:15 PM
Arrive at Cabrillo Heights	6:45 AM	Arrive 32nd Street Naval Station	5:40 PM
Arrive at Cabrillo Heights	6:55 AM	Arrive 32nd Street Naval Station	5:50 PM
Arrive at Cabrillo Heights	7:20 AM	Arrive 32nd Street Naval Station	6:15 PM
Arrive at Cabrillo Heights	7:30 AM	Arrive 32nd Street Naval Station	6:25 PM
Return to Garage	7:40 AM	Return to Garage	6:55 PM

**Bayview Hills Housing Express Stops and Schedule**

Arrive at Bayview Hills	4:25 AM	Arrive 32nd Street Naval Station	3:25 PM
Arrive at Bayview Hills	4:35 AM	Arrive 32nd Street Naval Station	3:35 PM
Arrive at Bayview Hills	5:00 AM	Arrive 32nd Street Naval Station	4:00 PM
Arrive at Bayview Hills	5:10 AM	Arrive 32nd Street Naval Station	4:10 PM
Arrive at Bayview Hills	5:35 AM	Arrive 32nd Street Naval Station	4:35 PM
Arrive at Bayview Hills	5:45 AM	Arrive 32nd Street Naval Station	4:40 PM
Arrive at Bayview Hills	6:10 AM	Arrive 32nd Street Naval Station	5:05 PM
Arrive at Bayview Hills	6:20 AM	Arrive 32nd Street Naval Station	5:15 PM
Arrive at Bayview Hills	6:45 AM	Arrive 32nd Street Naval Station	5:40 PM
Arrive at Bayview Hills	6:55 AM	Arrive 32nd Street Naval Station	5:50 PM
Arrive at Bayview Hills	7:20 AM	Arrive 32nd Street Naval Station	6:15 PM
Arrive at Bayview Hills	7:30 AM	Arrive 32nd Street Naval Station	6:25 PM

**Murphy Canyon Housing Express Stops and Schedule**

Arrive at Murphy Canyon	4:25 AM	Arrive 32nd Street Naval Station	3:25 PM
Arrive at Murphy Canyon	4:35 AM	Arrive 32nd Street Naval Station	3:35 PM
Arrive at Murphy Canyon	5:00 AM	Arrive 32nd Street Naval Station	4:00 PM
Arrive at Murphy Canyon	5:10 AM	Arrive 32nd Street Naval Station	4:10 PM
Arrive at Murphy Canyon	5:35 AM	Arrive 32nd Street Naval Station	4:35 PM
Arrive at Murphy Canyon	5:45 AM	Arrive 32nd Street Naval Station	4:40 PM
Arrive at Murphy Canyon	6:10 AM	Arrive 32nd Street Naval Station	5:05 PM
Arrive at Murphy Canyon	6:20 AM	Arrive 32nd Street Naval Station	5:15 PM
Arrive at Murphy Canyon	6:45 AM	Arrive 32nd Street Naval Station	5:40 PM
Arrive at Murphy Canyon	6:55 AM	Arrive 32nd Street Naval Station	5:50 PM
Arrive at Murphy Canyon	7:20 AM	Arrive 32nd Street Naval Station	6:15 PM
Arrive at Murphy Canyon	7:30 AM	Arrive 32nd Street Naval Station	6:25 PM

**Chesterston Housing Express Stops and Schedule**

Arrive at Chesterston	4:25 AM	Arrive 32nd Street Naval Station	3:25 PM
Arrive at Chesterston	4:35 AM	Arrive 32nd Street Naval Station	3:35 PM
Arrive at Chesterston	5:00 AM	Arrive 32nd Street Naval Station	4:00 PM
Arrive at Chesterston	5:10 AM	Arrive 32nd Street Naval Station	4:10 PM
Arrive at Chesterston	5:35 AM	Arrive 32nd Street Naval Station	4:35 PM
Arrive at Chesterston	5:45 AM	Arrive 32nd Street Naval Station	4:40 PM
Arrive at Chesterston	6:10 AM	Arrive 32nd Street Naval Station	5:05 PM
Arrive at Chesterston	6:20 AM	Arrive 32nd Street Naval Station	5:15 PM
Arrive at Chesterston	6:45 AM	Arrive 32nd Street Naval Station	5:40 PM
Arrive at Chesterston	6:55 AM	Arrive 32nd Street Naval Station	5:50 PM
Arrive at Chesterston	7:20 AM	Arrive 32nd Street Naval Station	6:15 PM
Arrive at Chesterston	7:30 AM	Arrive 32nd Street Naval Station	6:25 PM
Return to Garage	7:40 AM	Return to Garage	6:55 PM



re you tired of the early morning commute, the traffic and the high cost of gas? Has it become a hassle to figure out who gets the only car for the day, you or your spouse? Has sharing the family vehicle and the commute taken its toll on you and your family?



The United States Department of Transportation, in conjunction with the American Red Cross, is offering a free, easy and convenient shuttle service, Monday through Friday, to Naval Station San Diego, at 32<sup>nd</sup> Street, and Naval Air Station North Island. DoD civilians or military members living in one of four military housing communities and who work on either the Naval Station, or Naval Air Station North Island will be eligible to ride The Express. The Express is a bus that will transport you from your housing community to your work and back in the evening. Best of all, it's free!

### Where do I catch The Express?

The Express will pick you up in one of four military housing communities at one of many designated Express stops. The housing communities include Bayview, Murphy Canyon and Chesterton. The Express will then proceed to Naval Station San Diego to Gate 7 on Harbor Drive. For those riders who work on either the "wet side" or the "dry side" of Naval Air Station North Island, a regular base shuttle Express will be on hand to deliver you to a designated stop. For those working on Naval Air Station, in the evening, it is the rider's responsibility to return to the drop-off site of their Station to reverse the trip back to their family housing community.

### How can I sign up for The Express?

If you are interested in using The Express as your means of transportation, complete the enclosed mass transit form and mail or fax it to the Command Rideshare Coordinator. Your one-time application will then be processed and in approximately three to four weeks, you will be contacted and issued vouchers. Members riding The Express must do so at least 11 days per month to keep their vouchers current and to receive more for the following quarter. Participants in The Express program will not be allowed compensation for other forms of mass transit. For other rules and regulations on The Express log on to [www.fmo.navy.mil/services/tip.htm](http://www.fmo.navy.mil/services/tip.htm) or call your Command Rideshare Coordinator. For Naval Station call (619) 556-3555, and for Naval Air Station North Island call (619) 545-8132.

### Can I participate if I am on Sea Duty? What happens if I get deployed?

Military members who are currently on sea duty are eligible to participate in The Express program. If you get orders to deploy, simply contact the Command Rideshare Coordinator with dates of deployment and arrangements will be made to put your Express status on hold.

### Can my family also use The Express?

The Express is for registered military members and DoD civilians.

Your commute to work is about to get easier!

Don't pass up this opportunity! Seats are limited! If you are interested in using this service as an alternative to over-extending your current car, buying a second car or dealing with traffic congestion and parking, here's what you do:

**Don't delay!** Turn this brochure over and complete the application today (print legibly and clearly and fill in all the blocks). When complete, fax or mail the completed application to:

**Naval Base San Diego**  
Command Rideshare Coordinator  
3475 Senn Road, Bldg 74  
Naval Station San Diego  
San Diego, CA 92136  
Attention: Express Shuttle Service  
Voice: (619) 556-3553  
Fax: (619) 556-1441

**Naval Base Coronado**  
Command Rideshare Coordinator  
Box 357138  
Bldg. 318, Code 93  
San Diego, CA 92135-7138  
Attention: Express Shuttle Service  
Voice: (619) 545-8132  
Fax (619) 545-9358

That's it! You're on your way to an easier, more convenient and valuable means of getting to work and getting back home. For more information log on to [www.fmo.navy.mil/services/tip.htm](http://www.fmo.navy.mil/services/tip.htm)



# The Express



# Lose the Stress, Take the Express!

# It's Free Everyday!

\*For Registered Participants